



Synthesis, molecular docking, ADMET, and evaluation of the anxiolytic effect in adult zebrafish of synthetic chalcone (*E*)-3-(4-(dimethylamino)phenyl)-1-(2-hydroxyphenyl)prop-2-en-1-one: An in vivo and in silico approach

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Abstract

Background: Anxiety disorders represent the complex interaction between biological, psychological, temperamental, and environmental factors; drugs available to treat anxiety such as benzodiazepines (BZDs) are associated with several unwanted side effects. Although there are useful treatments, there is still a need for more effective anxiolytics with better safety profiles than BZDs. Chalcones or 1,3-diphenyl-2-propen-1-ones can be an alternative since this class of compounds has shown therapeutic potential mainly due to interactions with GABA_A receptors and serotonergic system.

Objectives: This study evaluated the anxiolytic potential of chalcone (*E*)-3-(4-(dimethylamino)phenyl)-1-(2-hydroxyphenyl)prop-2-en-1-one (C2OHPDA) in adult zebrafish (*Danio rerio*) (ZFa).

Methods: Each animal ($n = 6/\text{group}$) was treated intraperitoneally (i.p.; 20 μL) with the chalcone (4, 20, and 40 mg/kg) and with the vehicle (DMSO 3%; 20 μL), being submitted to the tests of locomotor activity and 96-h acute toxicity. The light/dark test was also performed, and the serotonergic mechanism (5-HT) was evaluated through the antagonists of the 5-HTR₁, 5-HTR_{2A/2C}, and 5-HTR_{3A/3B} receptors. It was investigated the prediction of the chalcone's position and preferential orientation concerning its receptor, as well as the pharmacokinetic parameters (ADMET) involved in the process after administration.

Abbreviations: ¹H and ¹³C NMR, hydrogen and carbon-13 nuclear magnetic resonance; 5-HT, 5-hidroxitriptamina; 5-HT1 and 5-HT2A/2C, 5-hydroxytryptamine receptor 1 and receptor 2A/2C; 5-HT2A, 5-hydroxytryptamine receptor 2A; ADMET, absorption, distribution, metabolism and excretion; ANOVA, variance analysis; BBB, blood–brain barrier; C2OHPDA, chalcone (*E*)-3-(4-(dimethylamino)phenyl)-1-(2-hydroxyphenyl)prop-2-en-1-one; CDCl₃, CNS MPO, central nervous system multiparameter optimization; CEUA-UECE, Ethics Committee for the Use of Animals of the State University of Ceará; CNS, central nervous system; CWB, co-crystallized inhibitor granisetron; deuterated chloroform; CYP450, cytochrome P450; Cypro, cyproheptadina; DMSO, dimethyl sulfoxide; DZP, diazepam; Flx, fluoxetine; GSK, Veber's rule; GSTN, granisetron hydrochloride; HIA, human intestinal absorption; IAH, intestinal epithelial cells; LD₅₀, lethal dose capable of killing 50% of the animals; LGA, Lamarckian genetic algorithm; MDCK, Madin–Darby canine kidney cell line; PDB, protein data bank; Pgp, P-glycoprotein substrate; PIZ, pizotifen maleate; RMSD, root mean square deviation; SOMP, site of metabolism prediction; TLC, thin layer chromatography; TPSA, calculated polar surface area; VD, volume of distribution; ZFa, zebrafish.

Results: As a result, C2OHPDA was not toxic and reduced the locomotor activity of ZFa. Furthermore, chalcone demonstrated an anxiolytic effect on the central nervous system (CNS), mediated by the serotonergic system, with action on 5-HT_{2A} and 5-HTR_{3A/3B} receptors. The interaction of C2OHPDA with 5-HT_{2A}R and 5-HT_{3A} receptors was confirmed by molecular docking study, the affinity energy observed was -8.7 and -9.1 kcal/mol, respectively.

Conclusion: Thus, this study adds new evidence and highlights that chalcone can potentially be used to develop compounds with anxiolytic properties.

KEYWORDS

anxiety, chalcone, zebrafish

1 | INTRODUCTION

Chalcones constitute the class of flavonoids. In their chemical structure, they have two aromatic rings linked through a carbonyl group and a conjugated olefin, being an α,β -unsaturated carbonyl system with a basic structure of 1,3-diphenyl-2-propen-1-one. They occur naturally in vegetables, flowers, roots, and fruits [1, 2].

Chemically, chalcones and their derivatives can undergo substitutions in their aromatic rings, being responsible for different spectra of activity. Thus, they have drawn attention for their simple structure associated with several pharmacological activities, such as anticancer [3], anti-inflammatory [4], antibacterial [5], antioxidant [6], antinociceptives [7], analgésicos [8], analgesics [9], antichagasic [10], and anxiolytics [11].

Anxiety is considered a psychic disorder that affects thousands of people around the world. It is an emotion innate to the human being, but when in excess, it becomes a disease. It occurs through a high process of excitation of the central nervous system (CNS), generating unpleasant sensations of tension, fear and restlessness, which are associated with the anticipation of something that may or may not happen [12]. It is estimated that in Brazil, in a survey carried out in 2017, at least 9.3% of the population had anxiety [13], with this number increasing even more during the SARS-CoV-2 pandemic (COVID-19), about 44% of the Brazilian population felt more anxious about the whole situation the world was going through [14]. The best-known anxiolytics are benzodiazepines and barbiturates. However, they have many associated toxic effects, such as sedation, drowsiness, dizziness, vertigo, mood swings, paranoia, irritability, and neurotoxicity [15].

To search for new drugs with anxiolytic effects, several experimental animal models are available for the initial preclinical phase in vivo. Each has its particularities, advantages, and disadvantages. For example, zebrafish (*Danio rerio*) has been widely used recently, as it has a high reproduction rate, ease of handling, small size, transparency, external fertilization, and low cost

[16, 17]. Furthermore, its genetic homology with that of humans is 76%, with 82% for disease-related genes. Compared to other animal models, such as mice, which are widely used, their genetic homology is 84% about living beings, a value very close to that of zebrafish [18].

The pharmaceutical industry faces several challenges in drug research and development (R&D), and the high investments that are constantly required are considered high risk [19]. Thus, the molecular docking technique has been gaining prominence in the design of new drugs. Through this technology, it is possible to predict the drug's site of action, in addition to the mechanism involved, reducing costs and making the process more efficient [20]. Recently, it has been used to predict unwanted effects in polypharmacology and drug reuse [21]. The in vitro evaluation of ADMET parameters (absorption, distribution, metabolism, and excretion) is also used as an initial analysis and seeks to investigate whether the drug under study has desirable metabolism and pharmacokinetics, being an essential tool during the screening process [22]. While the in vivo process involves a greater complexity of factors and mechanisms, prediction via ADME is simplified into the most critical components or divided into several unique processes [3].

This study seeks to analyze the anxiolytic pharmacological activity of the chalcone C2OHPDA, duly synthesized and characterized, through in silico tests, such as molecular docking and ADME, and in vivo tests in the zebrafish model, aiming at the high demand for depressant drugs of the CNS, with more specific and less harmful action to the organism.

2 | MATERIALS AND METHODS

2.1 | Synthesis and chemical characterization of chalcone C2OHPDA

The 2-hydroxyacetophenone (2 mmol) and 4-(dimethylamino)benzaldehyde (2 mmol) were placed

in a volumetric flask (25 mL). Then 5 mL of ethanolic NaOH (50%) solution was added and mixed with stirring for 48 h at room temperature. The progress of the reaction was checked by TLC (n-hexane: ethylacetate, 2:1). After 48 h, the reaction mixture was neutralized with dilute HCl (10%) and ice water added. The product was obtained as a yellow solid filtered under reduced pressure, washed with cold water, and recrystallized from ethanol (Scheme 1). ¹H and ¹³C NMR spectra were obtained using a Bruker Spectrometer, model Avance DPX-300, operating at a frequency of 300 MHz for hydrogen and 125 MHz for carbon, respectively. The spectra were measured in CDCl₃, and chemical shifts are reported as δ values in parts per million (ppm) relative to CDCl₃.

2.2 | Drugs and reagents

The following reagents and drugs were used: diazepam (Teuto), flumazenil (Sandoz), pizotifen maleate (Sandomigran[®]), granisetron hydrochloride (Kytril), fluoxetine (Teuto), cyproheptadina (Cobavital[®]), and dimethyl sulfoxide (Dynamic[®]).

2.3 | General protocol zebrafish

The animals used in the experiments were wild zebrafish (ZFa) (short-finned phenotype), adults, aged 90 to 120 days, sizes 3.5 ± 0.5 cm, and weight 0.4 ± 0.1 g. They were obtained from Agroquímica: Comércio de Produtos Veterinários LTDA, a supplier in Fortaleza (Ceará, Brazil). The ZFa were acclimatized for 24 h in glass aquariums ($30 \times 15 \times 20$ cm), containing dechlorinated water (ProtecPlus[®] antichlorine), air pumps with submerged filters, at 25°C and pH 7.0 and fed with commercial feed (ad libitum) 24 h before the experiments. In the experiments, ZFa of both sexes were chosen at random, transferred to a damp sponge and treated with the test or control sample. The animals ($n = 6$ /group) were treated intraperitoneally (i.p.) with C2OHPDA (4, 20 and 40 mg/kg; 20 μ L) or vehicle (control; 3% DMSO; 20 μ L; i.p.) or diazepam (DZP 4 mg/kg). For intraperitoneal application, an insulin syringe (0.5 mL; UltraFine[®] BD) with a 30G needle was used [23, 24]. After the experiments, the animals were euthanized by immersion in cold water (2–4°C) until the loss

of opercular movements. All experimental procedures were approved by the Ethics Committee for the Use of Animals of the State University of Ceará (CEUA-UECE), under protocol n° 04983945/2021.

2.4 | Acute toxicity to adult zebrafish

To assess the acute toxic effect of chalcone, the fish were treated intraperitoneally with C2OHPDA or vehicle, after the treatments, the animals were acclimatized and kept under observation for analysis of the mortality rate for a period of 96 h, and every After 24 h, the number of dead fish in each group was recorded. The lethal dose capable of killing 50% of the animals (LD₅₀) was determined by the mathematical method Trimmed Spearman-Kärber with a confidence interval of 95% [25, 26].

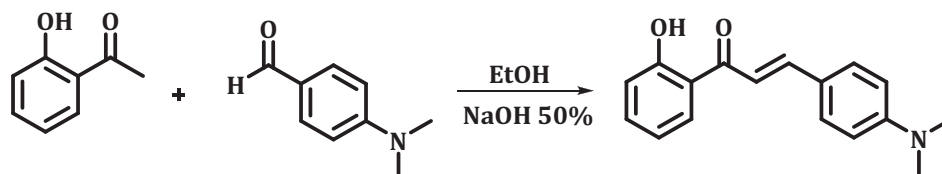
2.5 | Open-field test

To assess whether there was locomotor alteration in the animals caused by chalcone, either by sedation, muscle relaxation, or any effect on the CNS, an open-field test was performed. ZFa were treated intraperitoneally with C2OHPDA or vehicle or diazepam. After 30 min of treatments, the animals were placed in Petri dishes containing the same aquarium water, the petri dishes were marked with two lines drawn from the center to the edges, leaving a cross shape, connecting four quadrants at the end of the markings. Locomotor activity was analyzed by counting the number of line crossings performed by the fish during 5 min of analysis [23].

2.6 | Test light and dark

The investigation of the anxiolytic-like effect of chalcone was carried out through the light and dark test. ZFa were treated intraperitoneally with C2OHPDA or vehicle or diazepam. A Naive group has been included. After 30 min of the treatments, the animals were added to the light zone of the glass aquarium (divided in half into two light and dark zones soured with white and black paper), with drug-free water. The anxiolytic-type effect was identified by blind evaluators by counting the

SCHEME 1 Synthesis of chalcone (*E*)-3-(4-(dimethylamino)phenyl)-1-(2-hydroxyphenyl)prop-2-en-1-one.



time the animals spent in the light zone, during 5 min of analysis [27].

2.7 | Involvement of the serotonergic system (5-HT)

To evaluate the mechanism of action of the anxiolytic effect of chalcone (see results), groups of animals ($n = 6/\text{group}$) were pretreated with cyproheptadine (5-HT_{2A} antagonist; 32 mg/kg; orally) or pizotifen (5-HT₁ and 5-HT_{2A/2C} antagonist; 32 mg/kg; orally) or granisetron (5-HT_{3A/3B} antagonist, 20 mg/kg; orally), and after 30 min, they received the lowest anxiolytic dose intraperitoneally of C2OHPDA (4 mg/kg) or fluoxetine (Flx; 0.05 mg/kg, i.p.) as a positive control [28]. Subsequently, the animals were taken to the light and dark test as described above.

2.8 | Statistical analysis

After homogeneity and confirmation of normal data distribution, differences between groups were submitted to analysis of variance (ANOVA), followed by Tukey test. Mechanism of action groups were subjected to two-way ANOVA analysis of variance. All results were expressed as mean values \pm standard error of mean for each group of six animals. All analyzes were performed with GraphPad Prism v. software. 6.01. The adopted statistical significance level was 5% ($P < 0.05$).

2.9 | Computational details

To carry out the computational simulations, the codes used were Autodocktools™ [29], AutoDockVina™ [30], Discovery studio visualizer™ viewer [31], Gabedit 2.5.0 software [32], Gaussian 09 software [33], MarvinSketch™ (<http://www.chemaxon.com>) [34], Pymol [35], and UCSF Chimera™ [36].

2.10 | Ligand design and optimization

The chemical structure of the C2OHPDA was designed using the MarvinSketch code [34], saved at physiological pH (Figure 2). The molecular structure of the C2OHPDA was geometrically optimized by applying the density functional theory method using the Gaussian 09 software [33] at B3LYP/6-311++G(d,p) computational level [37] in the gas phase. From the optimized geometry, the Molecular Electrostatic Potential was computed at the same level of theory, and its isosurface was rendered using the Gabedit 2.5.0 software [32] with an isovalue of 0.01.

2.11 | General docking procedures

To evaluate the mechanism of action of C2OHPDA on 5-HT_{2A}R and 5-HT_{3A} channels, molecular docking simulations were performed, and the structures of the receptors obtained from the Protein Data Bank repository (<https://www.rcsb.org/>), identified as “Crystal structure of 5-HT_{2A}R in complex with risperidone” (PDB 6A93) [38] and “Cryo-EM structure of 5HT_{3A} receptor in presence of granisetron” (PDB 6NP0) [39]. The preparation of protein structures was performed using the AutoDockTools code [40], where residues were removed and added to Gasteiger charges and polar hydrogen atoms [41].

Fifty independent molecular docking simulations were performed using the AutoDockVina code [30], configured to run the Lamarckian Genetic Algorithm (LGA) and *Exhaustiveness* 64 [42]. The simulation grid was centered on the target to encompass the entire protein structure from the axes: 46155 (x), 1109 (y) and 39 552 (z), with size parameters 118 Å (x), 56 Å (y) and 116 Å (z) with channel 5-HT_{2A}R and axes: 159615 (x), 159 705 (y) and 161 067 (z), size parameters 94 Å (x), 80 Å (y), and 126 Å (z) with channel 5-HT_{3A}, both for the docking simulations of the chalcone C2OHPDA and the redocking simulations of risperidone (8NU) and granisetron (CWB), co-crystallized inhibitors on 5-HT_{2A}R and 5-HT_{3A} targets, respectively. The redocking technique was performed to validate the docking simulations.

Two criteria were used to select the best pose, the first was the statistical parameter root mean square deviation (RMSD), with values up to 2.0 Å considered ideal [43] and the second criterion used was the affinity energy, with values lower than -6.0 kcal/mol being an ideal parameter [44], affinity energy was also used to assess the stability of the receptor-ligand complexes formed. To evaluate the intensity of the hydrogen bonds (H-Bond), the distances between the donor and acceptor atoms were used, where *Strong* bonds present distances between 2.5 and 3.1 Å, *Average* bonds between 3.1 and 3.55 Å, and *Weak* bonds present a greater distance at 3.55 Å [45].

2.12 | Drug-likeness evaluation and ADME properties

With a methodology adapted from Rocha et al. [46], the physicochemical properties of chalcone C2OHPDA were calculated in the academic license software MarvinSketch v21.12, ChemAxon (<https://chemaxon.com/products/marvin>) to be applied to the criteria drug-likeness of Lipinski's “rule of five” and Veber's rule [47] and optimized by Pfizer's central nervous system multiparameter optimization (CNS MPO) algorithm. The ADMET properties were predicted by the

consensual analysis of the *in silico* prediction of the SwissADME platform (<http://www.swissadme.ch/>) and the numerical values of *in vitro* tests of the ADMETlab v2.0 platform (<https://admetmesh.scbdd.com/>). Drug-likeness results were plotted on the bioavailability radar, according to the reference [48].

3 | RESULTS AND DISCUSSION

3.1 | Spectroscopic analysis

^1H NMR spectrum (Figure 1), the signals at δ_{H} 7.46 (d, $J = 15.2$ Hz) and 7.92 (d, $J = 15.0$ Hz) are attributed to two doublets referring to the α,β unsaturated hydrogens. The signals at δ_{H} 7.89–7.94 (m, H6'), 7.0 (d, $J = 8.4$ Hz, H3') and 7.56–7.59 (m, H4') and 6.92 (t, $J = 7.2$ Hz, H5') refer to the aromatic hydrogens of the A ring, and signs at δ_{H} 7.59 (d, $J = 8.8$ Hz, H3/5) and 7.43–7.48 (d, $J = 8.5$ Hz, H2/6) refer to the aromatic hydrogens of the B ring. In the ^{13}C NMR spectrum (Figure 2), we have the signal referring to the α,β unsaturated carbonyl at δ_{C} 190.5. The α and β olefinic carbons are seen at δ_{C} 146.7 and 118.7, respectively. At δ_{C} 163.6 (C-2'), 135.8 (C-4'), 129.5 (C-6'), 122.2 (C-1'), 118.7 (C-3'), and 118.6 (C-5'), we have the signals referring to the carbons present in ring A, and the signals at δ_{C} 154.5 (C-4), 132.1 (C-1), 131.0 (C-2/6), and 114.4 (C-3/5) refer to the B ring carbons. The analysis of the spectroscopic data (Table 1) allowed

unequivocally to confirm the structure of the compound as being the chalcone (*E*)-3-(4-(dimethylamino)phenyl)-1-(2-hydroxyphenyl)prop-2-en-1-one.

3.2 | Acute toxicity

The chalcone C2OHPDA did not cause any apparent anatomical changes and was not toxic to adult zebrafish up to 96 h of analysis ($\text{LD}_{50} > 40$ mg/kg).

3.3 | Open-field testing

The ANOVA one-way analysis of variance indicated that higher doses of chalcone C2OHPDA ($**P < 0.01$ [20 mg/kg]; $****P < 0.0001$ [40 mg/kg]) and diazepam [$****P < 0.0001$ (40 mg/kg)] significantly decreased the locomotor activity of the adult zebrafish compared to the control groups (naive and vehicle) (Figure 3).

3.4 | Preliminary anxiety test

The chalcone C2OHPDA increased the time spent in the light region of the aquarium of the animals ($****P < 0.0001$ [4, 20, and 40 mg/kg]), significantly similar to the effect of diazepam ($****P < 0.0001$ [Dzp; 40 mg/kg; *i.p.*]), which is an anxiolytic behavior in ZFa in the light and dark test (Figure 4).

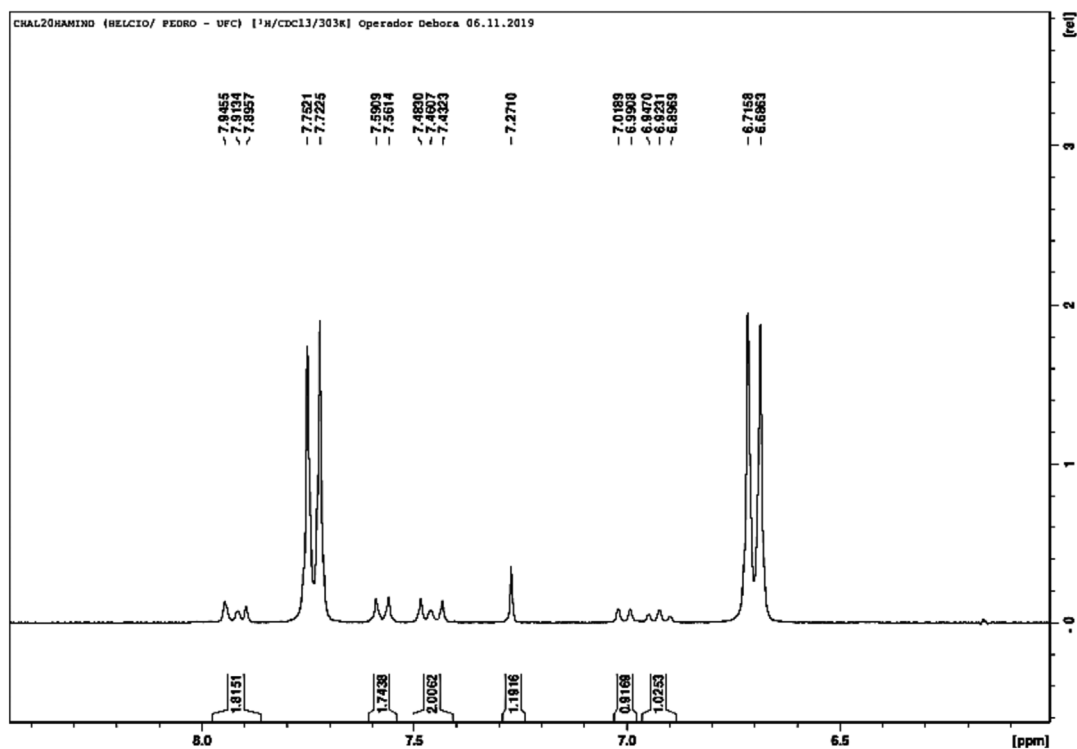


FIGURE 1 ^1H NMR spectrum (CDCl_3 , 300 MHz) of chalcone (*E*)-3-(4-(dimethylamino)phenyl)-1-(2-hydroxyphenyl)prop-2-en-1-one.

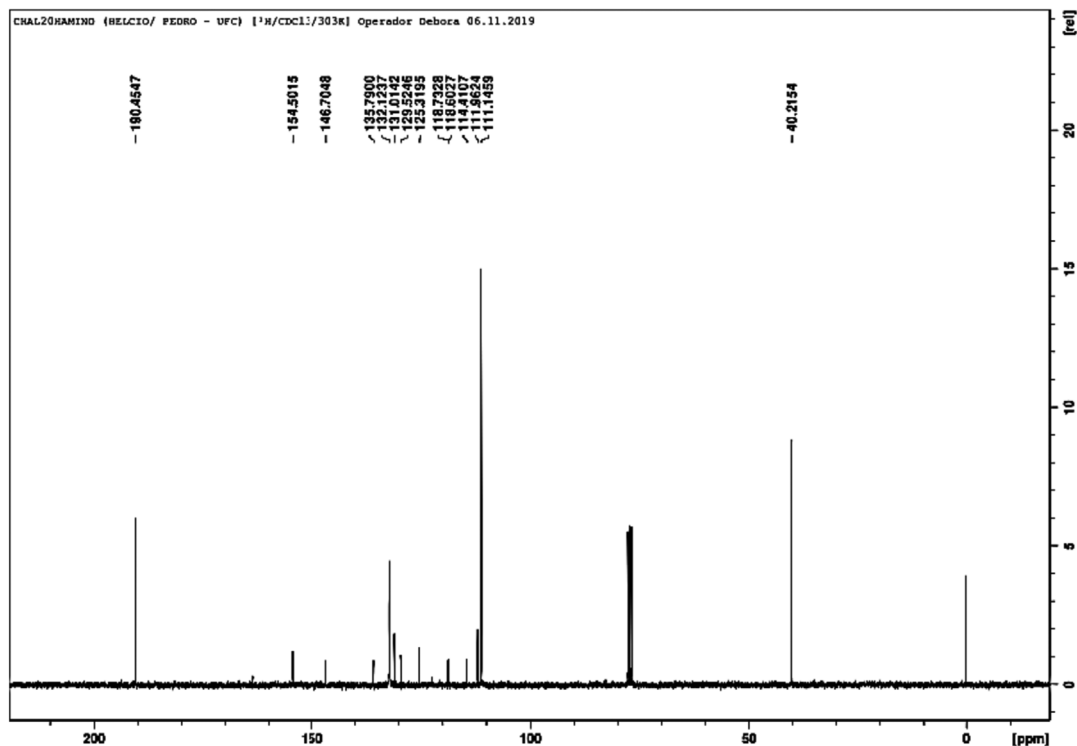


FIGURE 2 ^{13}C NMR spectrum (CDCl_3 , 125 MHz) of chalcone (*E*)-3-(4-(dimethylamino)phenyl)-1-(2-hydroxyphenyl)prop-2-en-1-one.

TABLE 1 ^1H and ^{13}C NMR data of chalcone (*E*)-3-(4-(dimethylamino)phenyl)-1-(2-hydroxyphenyl)prop-2-en-1-one in CDCl_3 . The chemical shifts in δ_{C} and δ_{H} are ppm.

C	δ_{C}	δ_{H}
1'	122.4	
2'	163.6	
3'	118.7	7.0 (d, $J = 8.4$ Hz)
4'	135.8	7.56–7.59 (m)
5'	118.6	6.92 (t, $J = 7.2$ Hz)
6'	129.5	7.89–7.94 (m)
C=O	190.5	
1	132.1	
2/6	131.0	7.43–7.48 (d, $J = 8.5$ Hz)
3/5	114.4	7.59 (d, $J = 8.8$ Hz)
4	154.50	
C_{α}	118.7	7.46 (d, $J = 15.2$ Hz)
C_{β}	146.7	7.92 (d, $J = 15.0$ Hz)
$2 \times \text{CH}_3$	40.2	3.1 (s)

3.5 | Involvement of the serotonergic system (5-HT)

3.5.1 | Involvement of the 5-HT_{2A} system

The two-way ANOVA statistical analysis indicated that pretreatment with cyproheptadine reduced ($^{##}P < 0.01$)

the anxiolytic effect of C2OHPDA chalcone (4 mg/kg, i.p.) and also reduced ($^{####}P < 0.0001$) the anxiolytic effect of fluoxetine (Flx; 0.05 mg/kg; i.p.) (Figure 5a).

3.5.2 | Involvement of 5-HT_{3A/3B} system

Pre-treatment with granisetron reduced ($^{####}P < 0.0001$) the anxiolytic effect of C2OHPDA (4 mg/kg, i.p.) and fluoxetine (Flx; 0.05 mg/kg; i.p.) (Figure 5b).

3.5.3 | Involvement of 5-HT₁ and 5-HT_{2A/2C} system

Pizotifene did not reduce the anxiolytic effect of C2OHPDA (4 mg/kg, i.p.). However, pizotifene reduced ($^{####}P < 0.0001$) the anxiolytic effect of fluoxetine (Flx; 0.05 mg/kg; i.p.) (Figure 5c).

3.6 | Molecular docking

All simulations performed with 5-HT_{2A} and 5-HT_{3A} receptors showed RMSD values lower than 2.0 Å and affinity energy lower than -6.0 kcal/mol (reference values). The best pose of the C2OHPDA-5HT_{2A}R, risperidone-5HT_{2A}R, C2OHPDA-5HT_{3A}, and granisetron-5HT_{3A}

FIGURE 3 Effect of C2OHPDA chalcone under the locomotor behavior of zebrafish (*Danio rerio*) adult in the open-field test (0–5 min). Dzp—diazepam (4 mg/kg, 20 μ L; i.p.); vehicle—(DMSO 3%; 20 μ L; i.p.). Values represent the mean \pm standard error of the mean for six animals/group; ANOVA followed by Tukey **** P < 0.0001, ** P < 0.01, * P < 0.05 versus naive; # P < 0.05 versus vehicle.

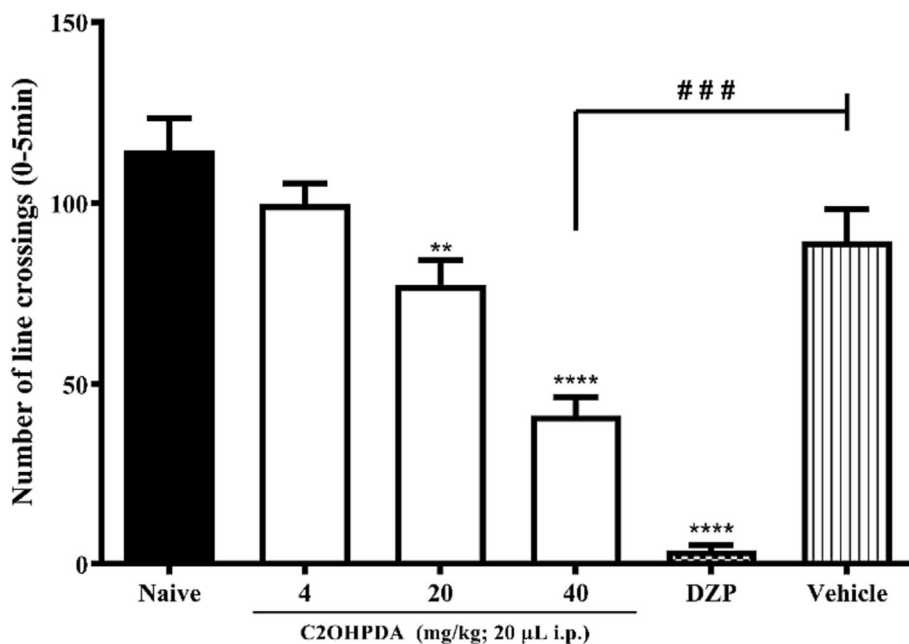
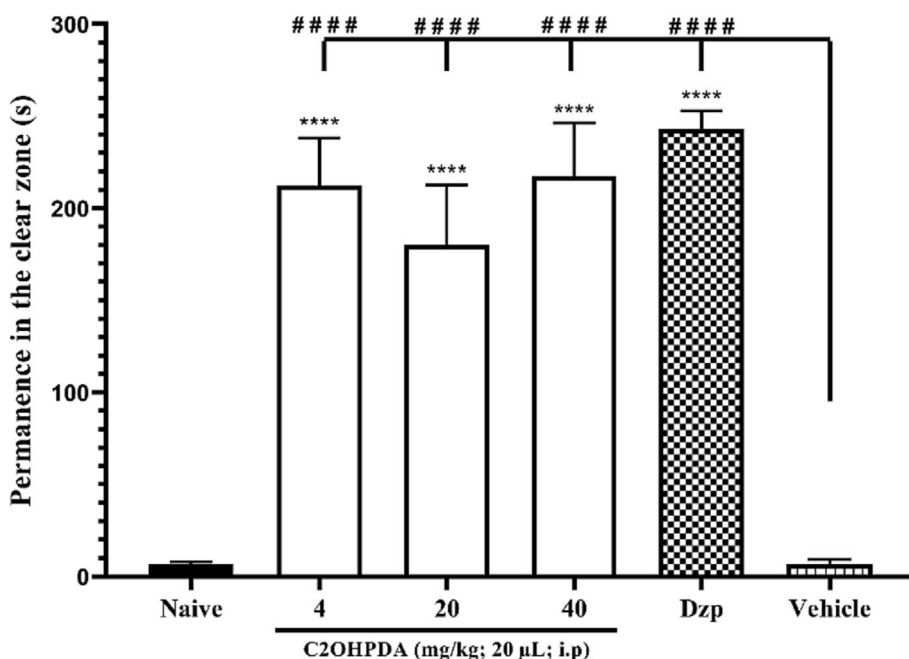


FIGURE 4 Effect of C2OHPDA chalcone on adult zebrafish in the Light & Dark Test (0–5 min). Dzp—diazepam (4 mg/kg, 20 μ L; i.p.); vehicle—(DMSO 3%; 20 μ L; i.p.). Values represent the mean \pm standard error of the mean for six animals/group; ANOVA followed by Tukey **** P < 0.0001, *** P < 0.001 versus naive; ##### P < 0.0001; ### P < 0.001 versus vehicle.



complexes showed RMSD in the order of 1907, 1628, 1733, and 1664 Å, respectively.

Analyzing the affinity energy, it was observed that the chalcone C2OHPDA presented against the 5-HT_{2A}R channel the value of -8.7 kcal/mol and against the 5-HT_{3A} channel the value of -9.1 kcal/mol, and the redocking simulations of the inhibitors co-crystallized risperidone (5-HT_{2A}R) and granisetron (5-HT_{3A}) showed affinity energy in the order of -11.1 kcal/mol and -10.9 kcal/mol respectively, thus validating the simulations performed.

Regarding interactions, it was possible to identify that the C2OHPDA-5HT_{2A}R complex is formed by five

hydrophobic interactions involving the apolar side chain of residues Ile 163A (3.47 Å), Phe 243A (3.61 Å), Phe 332A (3.51 Å), Phe 339A (3.63 and 3.75 Å), two H-bonds, one *strong* with the uncharged polar side chain residue Thr 160A (2.78 Å), an average with the uncharged polar side chain residue Ser 159A (3.07 Å), in addition to of two p-Stacking interactions with the nonpolar side chain of aromatic residues Trp 336A (4.90 Å) and Phe 340A (4.89 Å) (Figure 6).

The C2OHPDA-5HT_{3A} complex is formed by five hydrophobic interactions, four with the nonpolar side chain of residues Ile 44E (3.88 Å), Trp 63E (3.68 Å), Phe 199A (3.94 Å), and Ile 201A (3.55 Å), one involving

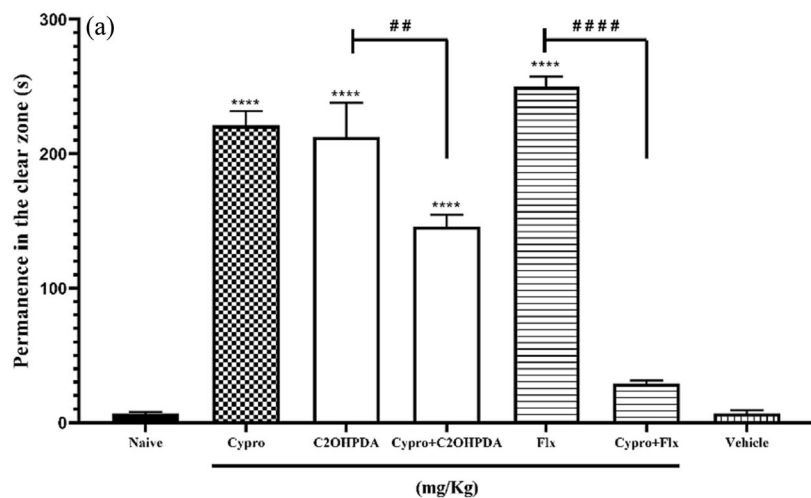


FIGURE 5 Treatment effect of cyproheptadine (a), granisetron (b), and pizotifene (c) under the anxiolytic effect of C2OHPDA chalcone in the Light & Dark Test. Cypro - cyproheptadine; GSTN—granisetron; PIZ—pizotifene; FLX—fluoxetine; vehicle—(DMSO 3%). Values represent the mean \pm standard error of the mean for 6 animals/group; ANOVA followed by Tukey **** $P < 0.0001$ versus naive or vehicle; ##### $P < 0.0001$ versus C2OHPDA.

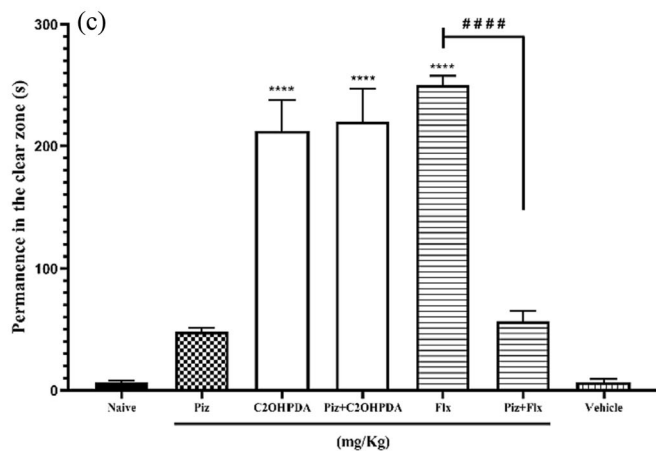
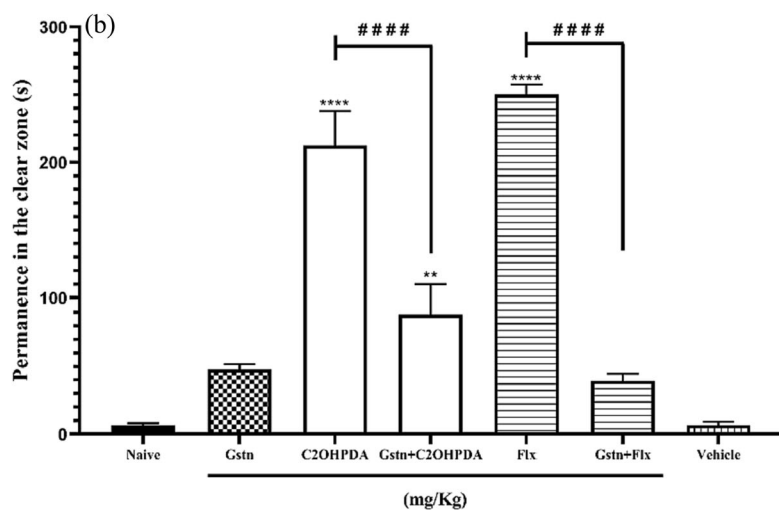


FIGURE 6 Interaction complex between the 5-HT_{2A}R receptor, the chalcone C2OHPDA and the co-crystallized inhibitor risperidone.

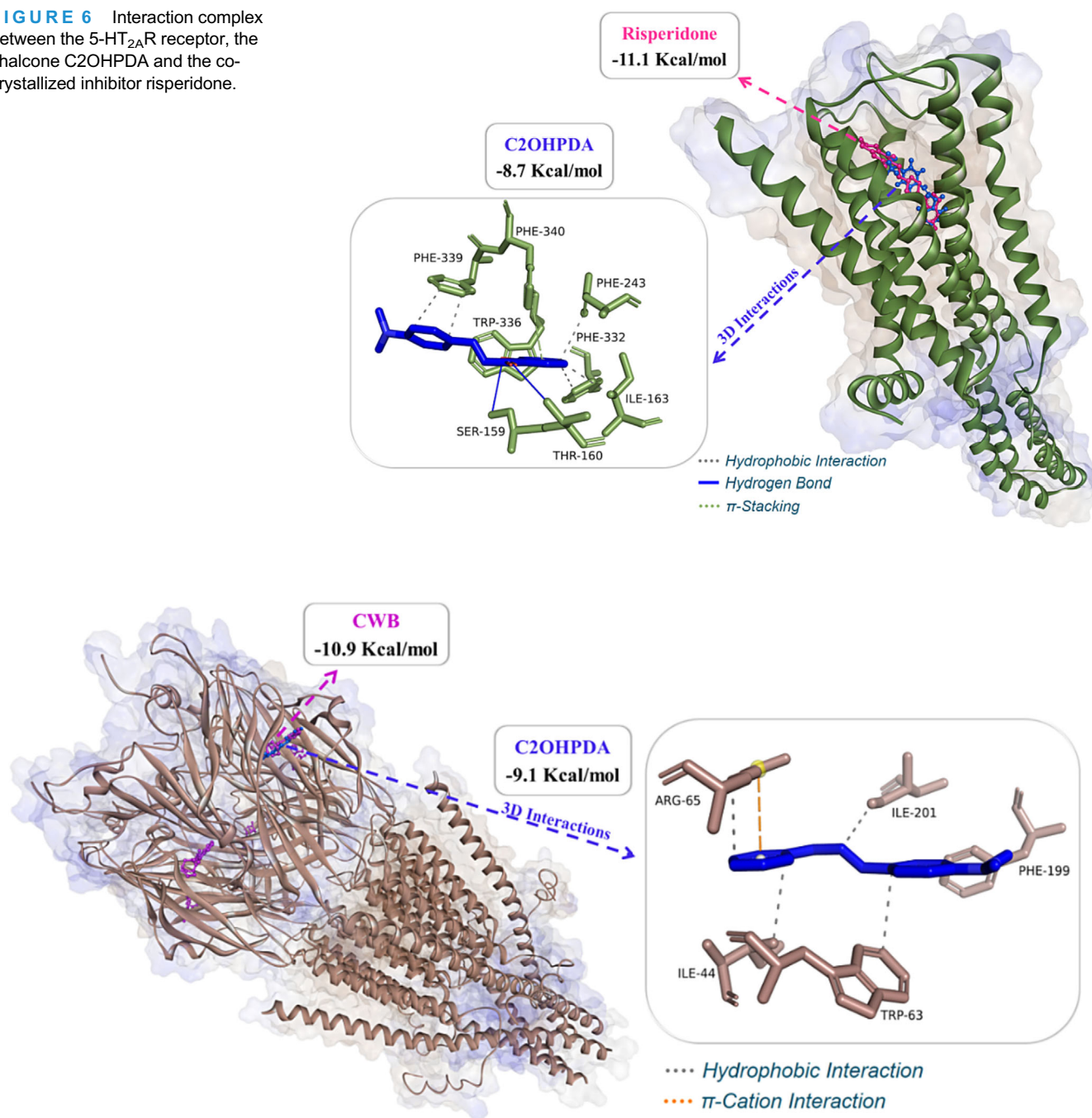


FIGURE 7 Complex of interaction between the 5-HT_{3A} receptor, the chalcone C2OHPDA and the co-crystallized inhibitor granisetron (CWB).

the basic side chain residue Arg 65E (3.59 Å) and a p-Cation-like interaction with the primary side chain residue Arg 65E (4.21 Å) (Figure 7).

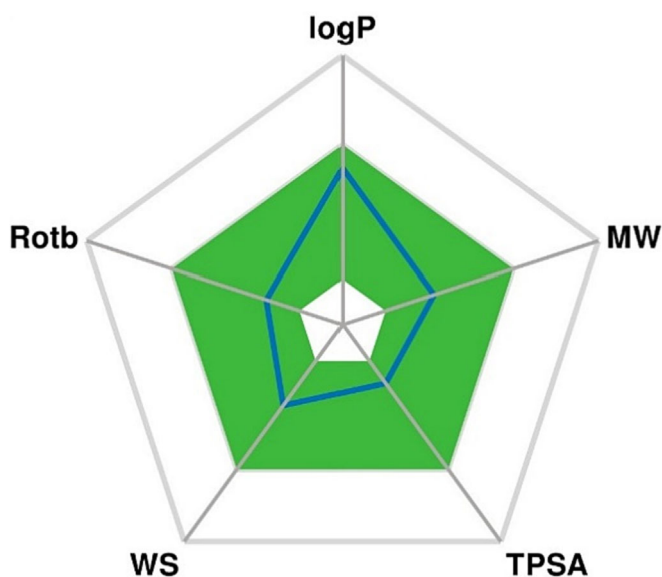
3.7 | Physicochemical properties and drug-likeness assessment

The calculated physicochemical properties are listed in Table 2 and can be visually inspected on the

bioavailability radar (Figure 8), which combines the criteria of Lipinski's "rule of five" (Pfizer) and Veber's rule (GSK). C2OHPDA has an optimized molecular size (MW = 267.33 g/mol) and a good lipid-soluble balance (logP = 4.34), according to Lipinski's rule, which allows a good passive diffusion in the cellular lipid bilayer, a value that corroborates with moderate solubility in an aqueous medium (logS = -3.35). It is interesting to note that the calculated polar surface area (TPSA) of 40.54 Å² is within the ideal spectrum predicted by

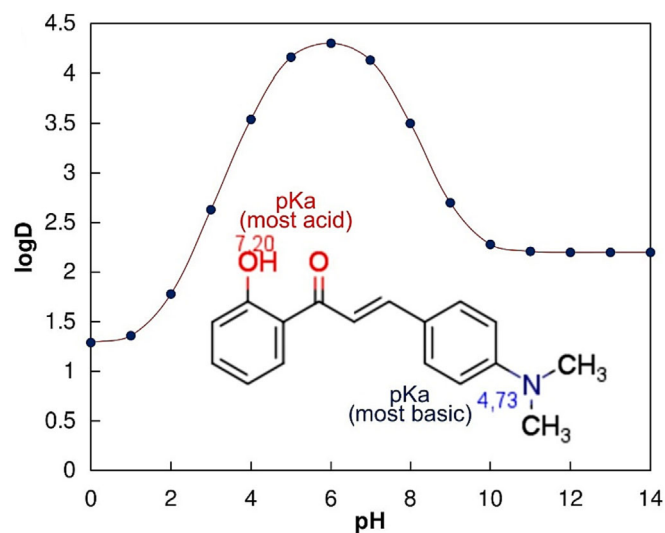
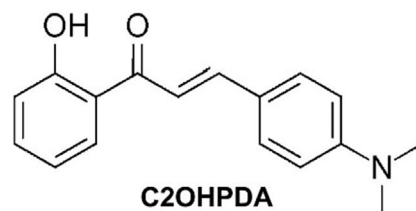
TABLE 2 Physicochemical properties and drug-likeness profile of the C2OHPDA.

Physicochemical property	Value	Source
Molecular weight	267.33 g/mol	ChemAxon
logP	4.34	ChemAxon
WlogP	3.25	Wildman and Crippen
HBA	2	ChemAxon
HBD	1	ChemAxon
Rotb	4	ChemAxon
TPSA	40.54 Å ²	ChemAxon
pKa (most acid)	7.20	ChemAxon
pKa (most basic)	4.73	ChemAxon
logD	3.93	ChemAxon
logS	-3.35	ChemAxon
Lipinski (Pfizer) rule	Yes; 0 violation	Lipinski
Veber (GSK) rule	Yes; 0 violation	Veber
CNS MPO (Pfizer) score	4.11	ChemAxon

**FIGURE 8** Lipinski and Veber rules bioavailability radar.

Veber's rule for good cell permeability and is related to the number of H-bond receptors and donors from the rule of Lipinski ($HBA \leq 10$ and $HBD \leq 5$). At the same time, the four rotating bonds (Rotb) reflect its semiplanar structure, which allows a good balance of interactions with biological receptors.

When evaluating the pH-dependent properties, it is possible to observe that the C2OHPDA tends to a shifted equilibrium toward the increase of its lipophilicity due to the more basic center formed by its *para*-dimethylamino group at acid pH levels ($pK_a = 4.73$)

**FIGURE 9** pH-dependent lipophilicity.

	Value	T0
logP score	4.34	0.33
logD score	3.93	0.03
MW score	267.33	1
TPSA score	40.54	1
HBD score	1	0.75
pKa score	4.73	1
CNS MPO score		4.11

FIGURE 10 Drug-likeness score by the CNS MPO algorithm (Pfizer).

and tends to a more water-soluble microspecies with increasing pH, since logD at pH 7.4 in the order of 3.93 is associated with the presence of species with a negative charge in its *ortho*-hydroxy group ($pK_a = 7.20$) (Figure 9).

The physicochemical properties were applied to the CNS MPO algorithm, from Pfizer, to promote the C2OHPDA to an optimized lead substance (lead likeness) as an active drug in the CNS. This model estimates the oral bioavailability (Figure 10), where the obtained score of 4.11 shows a good alignment of the physicochemical properties, presenting a good drug-likeness profile of this substance.

3.8 | ADME forecast assessment

The results of the consensus prediction of absorption, distribution, metabolism, and excretion (ADME) between the SwissADME and ADMETlab v2.0 platforms are listed in Table 2 and show a good alignment with the MPO. Furthermore, the CNS MPO score >4 demonstrates that the compound satisfies the pharmacokinetic attributes and follows the ADME prediction. Through the obtained results, it is possible to observe that the C2OHPDA has high passive permeability (Papp), where the predicted value of 1.5×10^{-5} cm/s for the in vitro model of Madin–Darby canine kidney cell line (MDCK) allows that the substance can penetrate the blood–brain barrier (BBB), especially intestinal epithelial cells, which guarantees high human intestinal absorption (HIA) and CNS activity, as well as showing the alignment between logP and TPSA of the Pfizer dataset (WlogP > 3.0 and TPSA $\leq 75 \text{ \AA}^2$) (Figure 11) and the BOILED-Egg predictive model of the SwissADME platform ($0.4 < \text{WlogP} \leq 6.0$ and TPSA $\leq 79 \text{ \AA}^2$). In addition, the substance tested negative for P-glycoprotein substrate (P-gp), as a factor that justifies the optimal oral bioavailability (F) evaluated by the platforms, resulting in a volume of distribution (VD) that allows interaction and uniform distribution between blood plasma and different biological tissues (0.538 L/kg).

When the metabolism is evaluated through the enzymatic isoforms of cytochrome P450 (CYP450), it is possible to observe that the C2OHPDA is an inhibitor of the studied isoforms (1A2, 2C9, 2C19, 2D6, and

3A4), which changes the plasma concentration of co-administered and substrates of this species (Table 2). Furthermore, the site of metabolism prediction (SOMP) showed that the terminal carbons of the *para*-methylamino group are susceptible to N-dealkylation, forming an idiosyncratic secondary metabolite by metabolic activation. However, the lipophilic active principle of the substance guarantees a low metabolic clearance ($\text{CL}_{\text{int,u}} = 9744 \text{ mL/min/kg}$) and a longer half-life in the human body (Table 3).

3.9 | Quantum chemical calculations

The optimized structure of the title chalcone obtained at B3LYP/6-311++G(d,p) level of theory in the gas phase is shown in Figure 12. From this optimized structure, the molecular electrostatic potential was computed at the same computational level, and it is shown in Figure 13. The red-colored regions correspond to a negative charge distribution, the orange-to-yellow-colored regions to a partial negative charge distribution, the green-colored regions to a neutral charge distribution, the light blue colored-region to a partially favorable charge distribution, and the blue-colored areas to a positive charge distribution. According to Figure 13, the oxygen atoms of the hydroxyl groups have a red-colored charge distribution which agrees with the higher electronegativity of these atoms. The hydrogen atoms have a light, blue-colored charge distribution which means that these atoms have a partial positive charge. The hydrogen atoms bonded to the oxygen

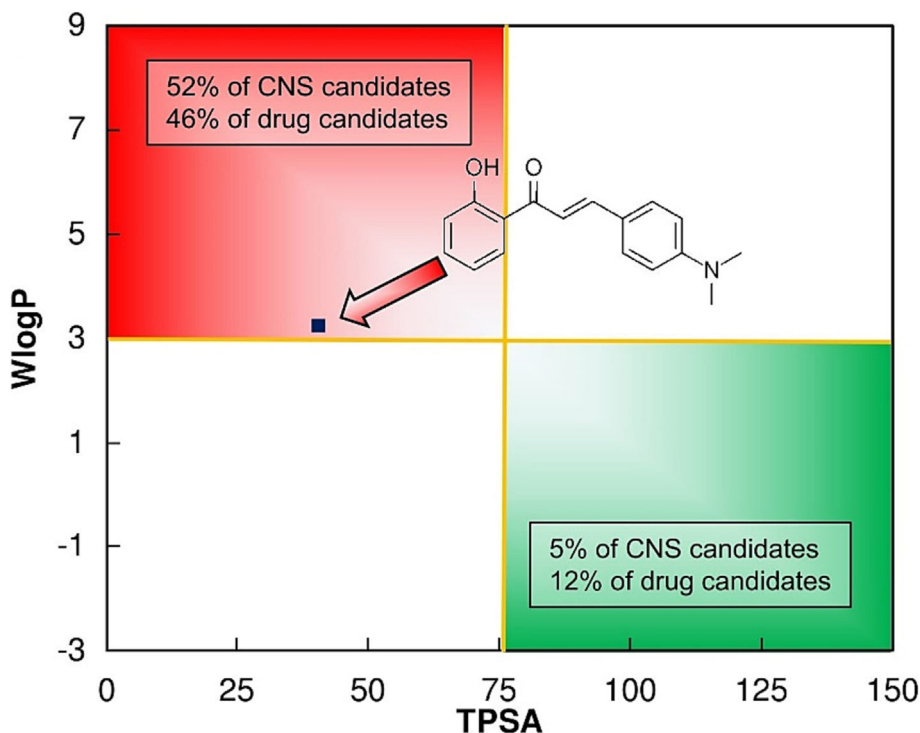


FIGURE 11 Graphic of the physical–chemical space of the C2OHPDA chalcone applied to the Pfizer dataset.

TABLE 3 ADME predicted properties by the in silico tools of the SwissADME server and in vitro similarity of the ADMETlab v2.0 server.

ADME property	SwissADME	ADMETlab v2.0 ^a
<i>Absorption</i>		
Bioavailability (<i>F</i>)	0.55	---
P-gp substrate	No	---
HIA	High	---
<i>Distribution</i>		
VD	Not reported	0.538 L/kg
BBB permeation	Yes	1.5×10^{-5} cm/s (<i>P</i> _{app} MDCK)
<i>Metabolism</i>		
CYP1A2 inhibitor	Yes	+++
CYP2C9 inhibitor	Yes	++
CYP2C19 inhibitor	Yes	+++
CYP2D6 inhibitor	Yes	+
CYP3A4 inhibitor	Yes	++
<i>Excretion</i>		
CL _{int,u}	Not reported	9.744 mL/min/kg

^aADMETlab v2.0 predictive probability is converted to the symbols: “+++” or “++” as high probability of being toxic or defective, while “---” or “--” represents low toxic risk or an appropriate result.

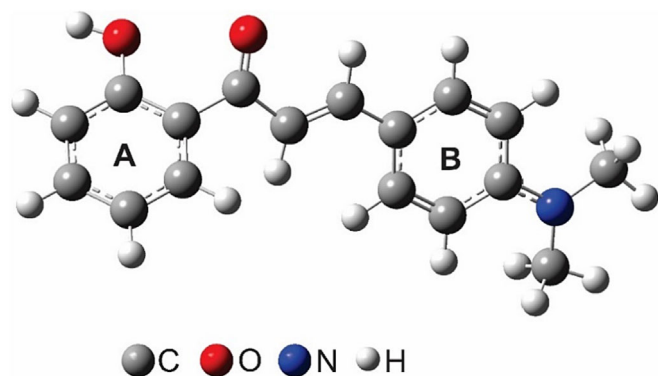


FIGURE 12 Optimized geometry obtained at B3LYP/6-311++G(d,p) level of theory in the gas phase.

and nitrogen atoms have a blue-colored charge distribution, showing that the partial positive charge is higher in these atoms. Finally, the molecular carbon skeleton has an orange-to-yellow colored charge distribution due to the π electronic density spread over the entire molecule. Hence, this chalcone can interact with other species using this electronic density as π -interactions.

Chalcones constitute the class of polyphenolic compounds, belonging to the family of flavonoids [49]. They have an α,β -unsaturated ketone system in their structure [50] with the presence of hydrogens that various functional groups can substitute, such as benzenes, halogens, aryls, hydroxyls and carboxylic [51], and the synthesis of new derivatives may occur, with several

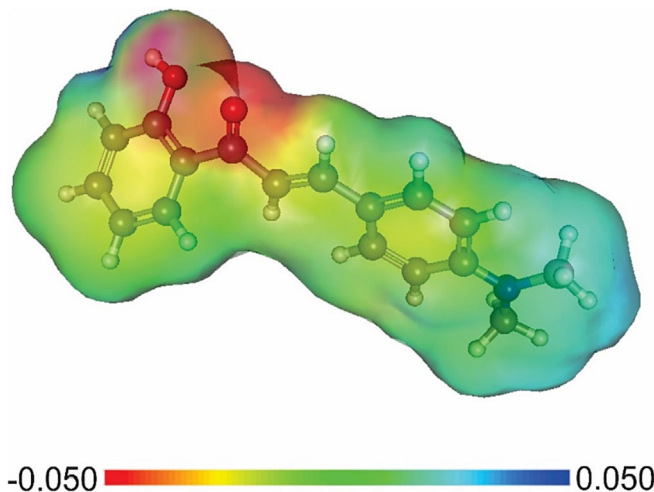


FIGURE 13 Molecular electrostatic potential obtained at B3LYP/6-311++G(d,p) level of theory in the gas phase.

associated pharmacological activities [52]. Anticonvulsant [53], antimicrobial, anticancer, and anxiolytic [54] effects have already been reported.

Zebrafish is very useful for testing the toxicity of a given drug, as it is cheaper, requires less time and requires a small amount of the substance in question, combining the scale and performance of in vitro tests with the physiological complexity of in vivo testing [55]. With the results obtained, it was observed that the C2OHPDA was not toxic to zebrafish within 96 h, making it possible to select safe doses.

This animal model presents morphological, genetic, and behavioral similarities with mammals. It is useful in studying neurological and psychiatric diseases, as it exhibits a complexity of behaviors in the social, learning, memory, defensiveness and anxiety spheres [16]. Through changes in the animal's locomotor activity, it is possible to study neuromuscular diseases and the effectiveness of drugs that can interfere with the animal's locomotion process [56], such as anxiolytic drugs, to which zebrafish is reasonably susceptible, suffering reduction in their swimming movements [57]. Thus, through the open-field test, it was possible to evaluate the locomotor system of the animal, resulting in significant impairment in its motor coordination when treated with C2OHPDA at doses of 20 ($P < 0.01$ vs. naive) and 40 mg/kg ($P < 0.0001$ vs. naive), indicating a sedative effect on the CNS, requiring the light/dark test to assess its anxiolytic activity.

The light/dark test is used by neuroscience to assess the animal's behavior in the face of fear and anxiety. It occurs through the administration of anxiolytic drugs, which directly influence the increase of the zebrafish's permanence time in the clear compartment of the aquarium. In contrast, anxiogenic drugs decrease this permanence time. This behavioral pattern is linked to a tendency of the animal to seek

protection, stay in the dark zone, or explore a new environment, going to the light zone. The intraperitoneal administration of C2OHPDA, at doses of 4, 20, and 40 mg/kg, increased ($P < 0.0001$ vs. vehicle) the time of permanence of the animal in the clear zone of the aquarium, like the positive control diazepam, suggesting an anxiolytic effect. In a study, chalcones with methoxy, methyl, halogen, nitro, and dimethylamine groups in their constitution generally show anxiolytic activity [58], with the latter substituent present in the chalcone in question.

The interaction between the C2OHPDA and the 5-HT receptors (5-HTRs) of the serotonergic system involved with anxiety was investigated. The neurotransmitter serotonin (5-hydroxytryptamine) is produced in neurons and is related to the processes of learning, aggression, affection, fear, and anxiety [59]. Its receptors are distributed throughout the central and peripheral nervous system, more precisely in the regions of the brain related to anxiety and depression [60]. The anxiolytic activity of chalcone C2OHPDA was evaluated after pretreatment with cyproheptadine (5-HTR_{2A} antagonist), pizotifen (5-HTR₁ and 5-HTR_{2A/2C} antagonist), and granisetron (5-HTR_{3A/3B} antagonist). Fluoxetine was used as a positive control. The results showed no reversal of the anxiolytic effect of chalcone C2OHPDA in the group treated with pizotifen (5-HTR₁ and 5-HTR_{2A/2C}), since the animals remained longer in the clear region of the aquarium. However, pretreatment with cyproheptadine and granisetron significantly ($^{###}P < 0.01$; $^{####}P < 0.0001$) inhibited the anxiolytic effect of C2OHPDA, suggesting that the mechanism of action involves 5-HTR_{2A} and 5-HTR_{3A/3B} receptors, the effect observed on the latter being more significant. In addition, all antagonists used were able to reverse the effect of fluoxetine.

Serotonin 5-HT_{2A} receptors are widely distributed in the CNS and abnormalities in their structure and function are associated with drug dependence, schizophrenia, depression and anxiety [61]. These receptors are classified as metabotropic, being G protein-coupled, and excitatory, as they are related to the G_q/G₁₁ signal transduction pathway [59]. The 5-HT_{2A} receptor has several ligands that induce different responses, such as the psychoactive substances cyproheptadine and risperidone [62, 63]. The risperidone binding site on the 5-HT_{2A}R channel is formed by Ser 131A, Trp 151A, Asp 155A, Val 156A, Ser 159A, Thr 160A, Ile 163A, Leu 228A, Ser 242A, Phe 243A, Phe 332A, Trp 336A, Phe 339A, Phe 340A, Leu 362A, Asn 363A, Val 366A, and Tyr 370A residues. Some of these residues and their respective conformations are very important for receptor activation, namely Ile 163A, Phe 332A, and Trp 336A [38]. Chalcone C2OHPDA complexes in the same region as the binding site of risperidone, interacting with residues of Chain A, having in common interactions with residues Ser 159A, Thr

160A, Ile 163A, Phe 243A, Phe 332A, Phe 339A, Trp 336A, and Phe 340A, being indicative of similar activity (Figure 10). According to the molecular electrostatic potential in Figure 11, these interactions occur due to the π electronic density spread over the molecular structure and the negative charge distributed over the oxygen atoms. Blockade of the 5-HT_{2A} receptor has already been investigated in some preclinical research and the activity observed was also an anxiolytic effect [62].

Dysfunctions in 5-HT₃R receptors are related to several psychiatric conditions, such as bipolarity, depression, and anxiety [64, 65]. Granisetron is known to be a highly selective, potent antagonist and irreversible blocker of serotonin 5-HT₃ receptors, in which the depletion of this neurotransmitter is related to an anxiogenic-like behavior [66, 67]. This is the only one of the receptors of this family that is not coupled to the G protein, being a ligand-controlled pentamer ion channel, known as ionotropic, permeable to Na⁺, Ca²⁺, and K⁺ ions [59]. Its binding site with the 5-HT_{3A} channel is formed by Asp 42E, Val 43E, Ile 44E, Trp 63E, Tyr 64E, Arg 65E, Asn 101A, Tyr 126E, Thr 154A, Ser 155A, Trp 156A, Arg 169E, Asp 177E, Phe 199A, Ile 201A, Tyr 207A, and Glu 209A residues [39]. Some of these residues are extremely important and must be conserved, such as Trp156, Phe199, Tyr207, Trp63, Arg65, and Tyr126, as possible changes directly impact their binding to serotonin [39]. It was noted that the C2OHPDA complexes in the same region of the granisetron binding site (CWB) co-crystallized between the A and E chains, having in common interactions with residues Ile 44E, Trp 63E, Arg 65E, Phe 199A, and Ile 201A, indicating a similar action (Figure 11), but with greater affinity for this receptor, confirming what was previously observed in the mechanism test involving zebrafish. According to studies in mice, the deletion of the gene responsible for the 5-HT₃ receptor makes them naturally anxiolytic [68, 69], reinforcing the importance of the interaction between antagonists and this receptor, for the treatment of anxiety.

Pharmacokinetics evaluates the concentrations of a drug and/or its metabolites in the body, after administration and over time [70]. There are four processes that directly interfere with the pharmacokinetics of drugs, absorption, distribution, metabolism, and excretion (ADMET) [20]. The study of these parameters becomes essential in the initial phase of new drug development, as it reduces pharmacokinetic failures during the application of clinical research [71].

C2OHPDA was tracked by Lipinski's "rule of five" and by Veber's rule, which allow predicting the oral bioavailability of the compound [72]. The first is based on four physicochemical parameters, namely, molecular weight (MW \leq 500 g/mol), octanol/water partition coefficient ($\log P \leq 5$), hydrogen bond acceptors (HBA ≤ 10), and bond donors of hydrogen (HBD ≤ 5); the second

evaluates several rotating bonds ($\text{Rotb} \leq 10$) and the polarity ($\text{TPSA} \leq 140 \text{ \AA}^2$) [46, 72]. Through the results obtained, the chalcone in question did not show any violation of the parameters contained in the rules used, having a lipid-soluble balance and an easiness to passively diffuse the cellular lipid bilayer, being characteristics that allow the administration of the drug orally.

A major challenge for the pharmaceutical industry is the discovery and development of drugs with action on the CNS, with a very low success rate, ranging from 7% to 8% [73]. In a recent study, a new CNS drug optimization technique, CNS MPO, was created to improve drug planning with activity in this region. It has a score ranging from 0 to 6, which is generated from six fundamental physicochemical parameters, $\log P \leq 3$, $\log D \leq 2$, $\text{MW} \leq 360 \text{ g/mol}$, $40 < \text{TPSA} \leq 90 \text{ \AA}^2$, $\text{HBD} < 1$, and $\text{pKa} \leq 8$. A CNS MPO score ≥ 4 indicates good pharmacokinetic alignment [74]. Thus, the chalcone C2OHPDA satisfied most of the drug-likeness criteria, showing a high passive permeability (P_{app}), a low risk of efflux by P-glycoprotein (P-gp) and a low clearance of the unbound molecular fraction in the system liver ($\text{CL}_{\text{int,u}}$). Through an alignment between $\log P$ and TPSA and the predictive model of BOILED-Egg, it was possible to observe that the substance can cross the blood–brain barrier (BBB) and intestinal epithelial cells (IAH), in addition to testing negative for the glycoprotein P, justifying its excellent oral bioavailability (F), an important parameter due to the preference of the oral route over the others, for presenting safety, economy, convenience, and comfort for the patient [75, 76]. Furthermore, the C2OHPDA belongs to the class of compounds with neutral charge at physiological pH (approximately pH 7.4) and nonviolating the criteria of Lipinski's rule, which reflects its bioavailability score (F) in the order of 0.55 [77].

The good pharmacokinetic performance of C2OHPDA can also be explained by the good alignment between its lipophilicity and polarity parameters, properties commonly used in the literature to mediate drug absorption and permeability [75, 78]. In the Pfizer dataset used to optimize the physical–chemical space of the CNS MPO algorithm, about 52% of CNS active drug candidates occupied the graph quadrant of $\log P > 3$ and $\text{TPSA} \leq 75 \text{ \AA}^2$, physical–chemical space occupied by the C2OHPDA, showing that the activity in the CNS is likely and feasible according to in vitro parameters.

The oxidative metabolism of drugs involves different isoforms of cytochrome P450 (CYP450), being responsible for more than 90% of the enzymatic reactions in the body. This process can be explained by the action of isoforms 1A2, 2C9, 2C19, 2D6, and 3A4, in which the largest fraction of P450 reactions is catalyzed by isoform 3A [79]. With the results obtained, it is possible to notice the influence of the evaluated CYP450 isoforms on the low clearance rate of C2OHPDA

($\text{CL}_{\text{int,u}} = 9744 \text{ mL/min/kg}$) and, consequently, on the high half-life. The prediction of sites of metabolism (SOMP) showed that the *para*-dimethylamino substituent is subject to N-dealkylation reactions by the five isoforms, constituting a product that can cause liver damage (DILI) at high doses administered [80].

4 | CONCLUSIONS

The results of the present study revealed that C2OHPDA is not toxic to adult zebrafish (*Danio rerio*). A reduction in the locomotor activity of the animal was evidenced, and later, its anxiolytic effect was confirmed, being mediated by the serotonergic system (5-HT), with promising action on 5-HT_{2A} and 5-HT_{3A/3B} receptors. The interaction of chalcone with the 5-HTR receptor was confirmed by the molecular docking study, in which the interaction was verified in the two targets evaluated, 5-HT_{2A}R and 5-HT_{3A}, but showing a greater affinity for the latter channel (-9.1 kcal/mol). The chalcone evaluated satisfied the physicochemical characteristics necessary for drugs with action in the CNS, having good performance in the brain. Its pharmacokinetics was based on the optimal bioavailability by the oral route due to its parameters of high passive permeability and low risk of efflux by P-glycoprotein. Furthermore, the chalcone C2OHPDA inhibited all cytochrome P-450 isoforms analyzed, in addition to being susceptible to forming an idiosyncratic secondary metabolite, which in high concentrations can be hepatotoxic.

AUTHOR CONTRIBUTIONS

Larissa Santos Oliveira: Investigation; formal analysis; writing—original draft. **Hélcio Silva dos Santos:** Co-supervision; writing—review and editing. **Antonio Wlisses da Silva:** Project administration; conceptualization. **Jane Eire Silva Alencar de Menezes:** Funding; formal analysis; writing—review and editing. **Maria Kueirislene Amâncio Ferreira:** Methodology; formal analysis. **Emmanuel Silva Marinho:** Software; formal analysis; writing—review and editing. **Francisco Wagner de Queiroz Almeida-Neto:** Methodology; formal analysis. **José Ivo Lima Pinto Filho:** Methodology; formal analysis. **Márcia Machado Marinho:** Methodology; formal analysis. **Emanuelle Machado Marinho:** Software; visualization. **Matheus Nunes da Rocha:** Software; visualization. **Walber Henrique Ferreira Ribeiro:** Methodology; formal analysis. **Jane Eire Silva Alencar de Menezes:** Supervision; funding; formal analysis; writing—review and editing.

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CONFLICT OF INTEREST STATEMENT

All authors have no conflicts of interest to declare with respect to the research, authorship, and/or publication of this work.

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